

## **INTERNAL/EXTERNAL Job Posting**

### **MST (Multisystemic) Therapists (maternity leave)**

**Title:** MST Therapist

**Reports to:** MST Program Supervisor

#### **Summary**

Multisystemic Therapy (MST) is an intensive family and community-based treatment that addresses the multiple influences that contribute to serious anti-social or illegal behavior in youth. The MST approach views individuals as being part of, and influenced by, a complex network of interconnected systems that encompass individual, family, and extrafamilial (peer, school, neighbourhood) factors. To achieve successful outcomes with these youth, interventions are generally necessary within and among a combination of these systems.

**Location: Primary office location to be determined (within Durham Region)**

**Successful applicant will work out of various locations within the Region of Durham dependent upon the family referred for treatment. Locations will include but are not limited to family homes, schools, and community based agencies.**

**One contract is a maternity leave potentially ending in the summer of 2012**

**35 hours/week, combination of flexible day and evening hours, participation in a 24 hour on call schedule required**

#### **Requirements**

- Related post secondary education 3-5 years of experience with youth and multi-needs families
- Working knowledge of the CFSA and the YCJA
- Experience with pragmatic family therapies (structural, strategic and functional)
- Experience with marital therapy with behavior- based approaches
- Experience with individual therapy with children and youth using cognitive behavioural approaches
- Familiarity with child development research and its application in treatment
- Knowledge of behavioural therapy as it pertains to targeting school behaviour and academic performance
- Knowledge of implementing interventions within or between systems in the youth's natural ecology that affect or influence behaviour of youth (i.e. family, peer, school, and neighbourhood)
- Computer literacy
- Reliable vehicle with minimum 1 million dollar liability insurance
- To participate in regular supervision and demonstrate the ability to accept, process and implement ongoing and constructive feedback from supervisor and team

### **Preferred Qualities**

- Experience providing home and community based services
- Ability to think critically and analytically
- Direct and open communication skills
- Excellent interpersonal skills
- Knowledge of evidence-based treatment with youth and multi-needs families
- Registered or eligible for registration with the Ontario College of Social Workers and Social Service Workers

### **Job Duties**

- Conduct MST assessments including review of referral information, identifying and engaging key participants, identifying systemic strengths and weaknesses and developing an analysis of the fit of the problem behaviours within the ecological context
- Engage primary caregivers and other key participants in treatment by identifying and overcoming barriers to engagement
- Implement various procedures using the MST Analytic Process
- Maintain clear and accurate documentation of treatment efforts that promote peer and supervisory review and feedback and that demonstrate compliance with the nine MST Principles and the MST Analytic Process
- Collaborate with relevant systems and key participants within each system to ensure co-operation throughout MST treatment
- Provide direct clinical treatment using methods compatible with MST Principles and practices
- Participate in all MST training, supervision and consultation activities

### **Work Conditions**

- Interacts with clients, caregivers, visitors and staff from community organizations in various environments
- Intermittent physical activity including walking, standing, sitting, lifting
- Manual dexterity required to use computers and other office equipment

Sept 2011

**Posting Date: Sept 23, 2011**

**Closing Date: Oct 21, 2011**

**If you are interested in this position please email your cover letter and resume to:**

**Maureen Bandola**

**Human Resource Manager**

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